FOUR-POSITION LOCK SYNCHRO CONTROL

**Height Adjustable Arm**
Push button in and adjust arm to desired height.

**Back Tension Adjustment**
As seated, turn round knob forward for more tension. Turn knob backwards for less tension.

**Seat Depth Adjustment**
On select models
Pull the flat lever up and move seat front or back to desired position.

**Back Tilt/Tilt Lock**
Turn round handle backwards to lock the chair from tilting. Turn the knob forward to unlock and allow the chair to tilt.

**Seat Height Adjustment**
To raise, pull up on flat lever while not seated until seat is at preferred height. To lower, pull up on lever while seated until seat is at preferred height.
**Back Tension Adjustment**
As seated, turn knob left for more tension. Turn knob right for less tension.

**Seat Depth Adjustment**
On select models
Handle for seat slide is located under the seat on the left side. Pull lever up and move seat front or back to desired position.

**Seat Height Adjustment**
To raise, pull up on lever while not seated until seat is at preferred height.
To lower, pull up on lever while seated until seat is at preferred height.

**Back Tilt/Tilt Lock**
Handle for tilt lock is the same handle as the seat height adjustment. Pull handle out to allow chair to tilt. Push handle in to lock the chair from tilting.

**Height Adjustable Arm**
Push button in and adjust arm to desired height.